

Minutes of the Shutesbury Recreation Committee Meeting
November 13, 2019
1:30 pm

Present: Rita Farrell, Christine Robinson, BZ Reilly, Christine Marglin
Guest: Mary Anne Antonellis

Approval of minutes from October 2, 2019

Mary Anne: I have funding for two years of fitness classes, will cover Tuesday strength training most (not all) weeks of the year; the Saturday class has been paid for by Friends of the Library and COA and hopefully will continue almost every week going forward. Classes won't run for a few weeks around December-January while I'm away on vacation. Chair yoga happens periodically on Wednesdays, with three students, possibly another coming. Would like to extend that class. Sixteen students coming to yoga at 9 am Wednesdays. Zumba at 9 on Fridays will end in two weeks. Asking COA if they will help fund it going forward. Each yoga class is \$40, Kathy gets \$65, Jay gets \$50 and \$60 for the strength classes. If current teacher is continued she will do both Wednesday classes going forward.

Interest in yoga is building, possibly an intermediate yoga class could be added to gentle yoga and chair yoga.

When polled, town residents ask for more evening and weekend classes. Someone would have to be able to open the building and there would have to be coordination with the meetings that happen in town hall at those times.

Mary Anne will assist in paying for gentle yoga if we can fund partially through the winter months, and will take it on next year as a year round class funded by the library. She would like the class to be free year round.

LauraLee, the Zumba teacher, is definitely interested in continuing to teach and her class has been quite popular. Mary Anne is applying for funding to continue the class, possibly beginning again in February.

Mary Anne has also installed benches to the running/walking track at the school, to make it more accessible to walkers.

Maybe the committee could offer a fee-based evening class.

Our finances: we were given \$650 from COA, we could possibly go back to them though there was no commitment going forward. We have our \$750 budget, as yet unspent. We further have \$900 in our revolving account. Total: \$2300. We owe Kathy for the last series: \$470, that was eight class at \$65 per class. But people have paid \$5 per class, so \$50 of the \$65 per class is covered. We are subsidizing \$15 per class. The class fees are included in the \$900 total in the revolving budget. $\$2300 - \$470 = \$1830$.

We have to decide going forward what classes we will fund.

Classes will be skipped the last week in December and first week in January.

Gentle yoga will start back up January 8 and run 11 weeks/classes up to March 1. This time period would also be true of strength if we fund it.

Yoga is 11 weeks @ \$40=\$440.

Strength is 11 weeks @ \$65=\$715

Total = \$1155

Could Therapeutic yoga with Kathy be funded partly by the library? Cost is \$715 total for 11 weeks. If the library funded \$500 for this class, all these classes could go forward without charging participants.

BZ proposes that we use all of our budget and ask MA for the library to put up \$500 to make up the short fall to continue all the classes. We unanimously agree. Rita will speak with MA and Kathy about continuing to teach.

Our community could return to working on trails in town, including the Julian Janowitz property off Old Wendell Road.

Budget

We've asked for \$750 the past several years, Rita would like to ask for \$1000 for next fiscal year. Increase reflects plans for new programming such as a winter carnival, more inclusive of all ages in the community.

Next meeting: Wednesday, November 20 at 1:30.