

Minutes of the Shutesbury Recreation Committee Meeting  
August 7, 2019  
10:15 am

Present: Rita Farrell, Christine Robinson, BZ Reilly, Christine Marglin

Approval of minutes from July 17, 2019

We need to replace Elizabeth on the Committee and to plan for classes.

Classes this summer:

There is a strength training class sponsored by the library on Saturday mornings at 10, taught by Jay.

Gentle yoga Wednesday's.

Independently a strength class is offered by Kathy at the lake, for \$10 per class.

Intro to strength may be offered in the fall by Jay, but this is uncertain. BZ will ask Mary Anne about this and all library sponsored classes. Mary Anne has received the grant she applied for to support these classes, and is asking for support from the COA. BZ will ask MA about listing the schedule of all classes in the town newsletter that will come out in the fall, preferably on a separate page designed by BZ. It can also be listed on Nextdoor and in the Roadtown News. Deadline for newsletter is Monday, August 19. Separate page must be approved ahead of time. We will have to help fold the newsletter. We don't need to do a flyer, and will be easier not to. A mention of classes in the newsletter will be sufficient. A maximum of roughly a dozen people can fit into each class, and classes are very full now.

We need to clarify with MA whether the library will sponsor strength classes beyond beginning. We need to communicate with Kathy about whether we want to have her do any classes. MA wants to do a class for people with mobility issues. We should also ask MA for her sub list for when we are organizing yoga in the winter.

MA is doing chair yoga and beginning strength and we are doing gentle yoga in winter, and therapeutic yoga and intermediate strength all year.

Kathy has said she is available September 19 to November 21 for a 10-week session. We will have to charge for the classes and subsidize from recreation and COA. Library will do the gentle yoga through November. We will take over until March. Christine R will help Rita with registration for classes. If we don't get enough registration, we can do more advertising. Kathy is paid \$65 per class. BZ will clarify how much is being paid to yoga teachers by MA.

Next meeting we will discuss Celebrate Shutesbury, clarify all classes, and talk about mother-daughter self defense classes, which are expensive. Christine will look into this. Next meeting is Wednesday, August 28 at 10:15.

Meeting adjourned 10:54.