

Minutes of the Shutesbury Recreation Committee Meeting

December 5, 2018, 10:15 AM

Present: Rita Farrell, BZ Reilly, Elizabeth Fernandez O'Brien, Christine Marglin

Absent: Christine Robinson

BZ called meeting to order at 10:15.

Approval of minutes from November 21, 2018

Rita: Report from treasurer:

We're over subscribed for strength training class with 17 people signed up, roughly half beginners. Elizabeth will help Kathy teach as needed.

We collected \$795 for all three classes. Sasha receives \$50 per class, if Kathy receives \$70, we will cover all teacher fees for a total of \$710; \$670 is total if she receives \$65 per class.

Last Wednesday Christine R and Rita attended Council on Aging (COA) meeting. They didn't ask for a specific donation but raised the possibility of a contribution for a meditation class. COA are also holding a 3-session workshop on Saturdays led by Kathy for seniors who are sedentary, which will be lectures with an interactive component. Elizabeth would like representatives of Village Neighbors and of the Recreation Committee to attend to invite people to the strength training and yoga classes and talk about the possibility of fee waivers. Classes are to be held January 12, February 9 and March 23.

Notice of strength training and yoga classes can be put in COA newsletter, "The Geezette."

In future we will invite potential participants of all classes to ask for fee waivers as needed.

Susie has had people coming to sign up for Strength Training, so we need to clarify the process going forward, though most people seem to have been very clear about deadlines and procedures for signing up.

Sasha can continue yoga classes beginning January 9. Kathy can begin January 10, and is away March 4-14. Classes can be 8 weeks each. Decisions about dates and number of weeks TBD.

Someone from the Committee has to be present for classes to be certain door is open and room is set up. Rita helped Kathy with previous strength training class.

We now have a complete list of all class participants.

BZ will check with Mary Anne about exactly when the library resumes sponsoring classes in March. BZ will also check with Mary Anne about the sources of funding she accesses to pay for classes. Mary Anne may have funding for a meditation class. There

seems to be a lot of funding available for health-related classes. BZ will also check with Mary Anne about the specifics of this mediation class, such as whether it is to be in-going.

Rita will email participants of Kathy's classes about interest going forward and information about classes in the event of inclement weather. Elizabeth will do the same for Gentle Yoga participants. There will be a December 11 deadline to get back to us about interest in classes, and we will notify people after December 12 about whether registration is going forward.

Budget request for 2019:

We received \$750 for 2018. Signage for trails would be a capital budget item, as would be air purifiers to remediate unpleasant conditions in the downstairs meeting room used for exercise classes. Research needs to be done to determine cost of signage. One thousand dollars could be requested as a rough figure, with level funding of \$750 for the regular budget.

Christine B will check in with Christine R about opening the door Wednesday mornings for yoga.

Registration for yoga and strength training will be open from next week through Friday, December 28.

Rita will update the registration form and send it to Elizabeth. This will also be used to remind people that if there is a public school snow day, classes are not held.

Dates of classes will be finalized next week.

Next meeting will be Wednesday, December 12. January meeting will be Wednesday, January 2 at 10 AM.

Meeting adjourned at 11:15.