

Council on Aging Minutes for Virtual Meeting of July 10, 2024

Approved at the meeting of September 11, 2024

Meeting called to order at 5:34 p.m.

A roll call of those present: Martha Favre (MF), Janis Gray (JSG), Jessica Makepeace (JM), Susan Millinger (SM) and Jeanette Stockton (JS).

Minutes of the Meeting of June 12, 2024: *A motion was made to approve the minutes of the June 12, 2024 meeting as amended. It was seconded and passed unanimously by a roll call vote.*

Business:

Financial Update: as of July 10, 2024 (Starting FY25) Funding remaining:

Unspent:

EOEA grant (second half): Can not be spent until made available by EOEA.

Available to spend: \$00.00

Anticipated expenses (previously budgeted):

Footcare:	\$
Fitness Classes:	\$
<u>Geezette:</u>	<u>\$</u>

Total anticipated \$00.00

Balance of unbudgeted funds:

Anticipated expenses :

FootCare Clinic (June)	<u>-\$ 299.00</u>
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New balance	-\$299.0
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Explanation: With a negative balance, we can not spend any of the anticipated grant until we actually receive it: except for the FootCare Clinic, to which we are committed. So we will run a negative balance until the grant arrives.

FootCare Clinic:

Last month had a full roster plus one home visit.

For July: the roster is full and there are two on the waiting list.

Update on the situation of the Pelham resident who wished to attend the Shutesbury Foot Clinic. S Gomberg, in charge of the Clinic, found out that there is a FootCare Clinic in Amherst, and that the Pelham resident could attend it.

As a result of the above situation, Chair MF proposed a FootCare Clinic Policy to the meeting. The meeting made a minor alteration in the proposed policy, then a motion was made, seconded, and by a roll call vote unanimously approved acceptance of the new policy as amended. The policy follows:

FootCare Clinic Usage Policy

The monthly FootCare Clinic offered by the Council on Aging (COA) in Shutesbury, Massachusetts is limited to residents of the town

Rationale:

The Council on Aging's budget is provided by the Executive Office of Elder Affairs. The funding is based upon the number of registered seniors living in the town. Donations by the residents who receive services at the Foot Clinic are accepted and appreciated. The balance of fees owed to FootCare by Nurses, the organization providing the care, is paid from the COA's budget.

The Shutesbury COA's goal is to be fiscally responsible to its residents and spend our limited budget serving their needs.

Budget for FY 2025: what does the COA want to spend its money on when we get it? •

FootCare Clinic

- *The Geezette*
- Dues to Massachusetts COA (\$265)
- Village Neighbors Contribution
- Exercise Classes
- COA lunch (supplies) **Question:** Can we use the \$200 we receive from the town for these? What can we spend it for? MF and JM will ask the Town Accountant about this.

Meeting of Life Path representative with the Select Board. Although the agenda reflected a planned meeting on July 9, this did not occur. MF will contact the COA members when a date for this meeting is definite.

Letters from the COA: JS will continue work on a letter to the Select Board, reminding them of their responsibilities to contact FRTA to start the Call Service Shutesbury is eligible for.

JM has drafted a letter to the Select Board, thanking them for what has been accomplished in restoring the Senior Lounge to its earlier condition, and pointing out what still needs to be done. Motion to accept the letter written by JM to the Select Board was made, seconded, and unanimously approved in a roll call vote.

Unanticipated business involving a person who needed help. Valley Medical contacted the COA, MF contacted JM, who was able to use her experience with Life Path to help the person in need. JM commented that LifePath staff tend not to want to come to Shutesbury because of the distance.

COA Lunch: It was reported that there were eleven people in attendance, some new: a good turnout. The next lunch is planned for August 6; JM plans tablecloths and flowers to make the event more special.

Discussion about a possible event at the lunch, reviewing possible programs by Sarah Fiske: MOLST forms; summer safety; perhaps not kegel exercises at a lunch.

Next Meeting: Wednesday, August 14 at 5:30 p.m.

Adjournment: *A motion to adjourn was made, seconded and unanimously approved in a roll call vote. Adjourned at 6:54.*

Respectfully submitted, Susan Millinger, Secretary