

## **Council on Aging Minutes for Virtual Meeting of August 9, 2023**

The meeting was called to order at 5:34 p.m. A roll call identified those present: JoAnn Bernhard (JB) Martha Favre (MF), Janis Gray (JSG), Linda Avis Scott (LAS), and Jeannette Stockton (JS), and Susan Millinger (SM) entered the meeting at a later time.

**Minutes of the Meeting of July 12, 2023:** Consideration of these minutes was postponed until the September meeting.

### **Financial Update:**

Grant Balance as of July: \$8447.43, with anticipated EOE grant of \$7,344  
July expenses: FootCare by Nurses: \$200.

### **FY 2024 budget scenarios:**

Three budget scenarios were presented. Version 3 included the following:

Funds available: \$8,447.43

Footcare: \$2,304 (Amount for foot care is based on home visits, town hall visits might lower costs but better to leave till later in grant cycle with current uptick in Covid.)

Village Neighbors donation: \$1,000

MCOA dues: \$230

Geezette, 2 issues: \$800

COA programming: \$500

Fitness programs: \$3,000

Total expenditures: \$7,834

Unallocated funds: \$613.43

The COA members voted unanimously to accept this version of the FY '24 budget.

### **Funding request:**

The Library has requested dividing the COA funding into two biannual invoices instead of four quarterly. We need to let Mary Anne know that we have allocated \$3,000 for fitness programs. If there are other available funds later in the year we can offer more. MF makes a motion to provide \$1,500 for the first half of the Library request. The motion passes on a roll call vote with JS abstaining.

### **Report on phone instruction workshop for mature users**

Martha has been in touch with Barbara Friedman, library consultant recommended by Mary Anne. There will be two sessions, one for iPhones and one for Androids. The sessions will be in October at 90 minutes each. A registration questionnaire can perhaps guide the teaching level. The sessions will be held in town hall with a big screen with compatibility for MAC. Barbara Friedman lives in Westminster, 45 minutes away, and she prefers Wed, Thurs, Fri for workshops with a time frame of 10:30-12 AM. For promotion of the workshops use Town Announce, Our Town newsletter, Village Neighbors monthly email. Will the Library co-sponsor or help get out the word? JB will ask Mary Anne. See Becky and Grace for space usage.

### **Geezette:**

A few years ago JSG stepped in to work on the Geezette after Sally Fairfield stepped down. The newsletter is created in Publisher. It must be published in a 4, 8, 12, or 16 page layout. Adams Direct mail Services in Greenfield does the printing and mailing. It was decided to do the next issue later in the

year, and we can decide on a possible format then. Article ideas include the Peace of Mind binder and spotlighting the public health nurse.

**Transportation:** JB prepared a letter to the Select Board with data from the Transportation Needs Survey, the MedRide data, and the Lifepath survey.

The meeting was adjourned by unanimous roll call vote at 7:04 PM.

The August minutes were taken by Jeannette Stockton as secretary pro tem and amplified by the co-chair, JoAnn Bernhard