

Council on Aging Minutes for Virtual Meeting of June 14, 2023.

The meeting was called to order at 5:33 p.m. A roll call identified those present: JoAnn Bernhard (JB) Martha Favre (MF), Janis Gray (JSG), and Susan Millinger (SM). Linda Avis Scott (LAS) and Jeanette Stockton (JS) were absent.

Minutes of the Meeting of May 10, 2023: Consideration of these minutes was postponed until the July meeting.

Business: Updates:

Financial Update:

Grant Balance as of May: **\$1,969.43** (includes \$1,000 allotted for 4th quarter Fitness classes)

May expenses:

May FootCare by Nurses: \$210.00

Available for future FY24 expenses

After estimated cost of Foot Clinic, June: \$155

Unallocated: \$1,604.43

Anticipated: Our annual payment from EEOA: \$7,300. (We can plan on this, even though it may not arrive in July.)

Requested: From the Library Director:

For a Mass MOCA pass: \$275 (allows 16 admissions)

For 2 Magic Wings passes: \$420

Total request: \$695

A motion was made, seconded and passed unanimously by a roll call vote to provide \$695 requested by the Library Director for passes.

Transportation Survey Data Collection: Due to the delay in production of the Town newsletter which contained the survey, it has not been possible to discuss the survey results. The survey is available on the COA website, in a fillable form, and the Town Newsletter, which contains the survey, is also available online. However, so far no one in Town Hall has informed residents of the availability of the survey online. Either LAS or JB plan to send out a Town Announce with this information, asking for the survey to be sent in as soon as possible instead of trying to set a due date.

Discussion followed about how to set a due date. MF asked whether responses are better if the date set is soon after surveys are available. It was decided to wait until it was known when the newsletters will arrive in residents' mailboxes, then use Town Announce to send out a due date.

Programming: Further discussion of the events mentioned at the last meeting, particularly the program on How to get the most out of your cell phone, with separate sessions on Apple and Android phones. Possible local experts mentioned: Graham Sephton, Mark LeLacheur and Frank Citino. Because members know from experience that Hank Allen communicates well with non-digitally inclined individuals, it was agreed that MF should sound out Hank about his interest, price, and schedule. Would the Library

Director be interested in co-sponsoring such an event? A possible September or October event was discussed. The question was raised: do we have the ability to show a screen to an audience?

It was generally agreed that one event in the fall is enough to sponsor. A possible Bingo Night in colder weather would be considered later.

Foot Clinic Update: Susan Gomberg is just getting to know the new nurse. Perhaps next meeting we can discuss the current Foot Clinic.

“Peace of Mind” binder concept: MF brought the idea of a binder containing important documents to the COA’s attention. It sounds like an expansion of “How to Be Prepared for a Medical Emergency” which is posted on our website, which JS will send to all. Members agree to look at the information (and MF suggests an article about such a collection of documents) for the July meeting. We are warned against using anything commercial.

Outreach/educational programs: LAS added this reference to MCOA trainings to the agenda, to remind us to keep an eye on the contents of the weekly MCOA mailing, which include notices of valuable trainings.

Unanticipated item: Interviews for *The Geezette*. JB suggests we consider interviewing new Town officials for future issues of the COA newsletter, since those published in the spring were quite well-received. Suggested subjects: the new administrative secretary; the new (when appointed) head of the DPW.

A motion to adjourn was made, seconded and unanimously passed by roll call vote.

Adjournment at 6:28 p.m.

Next Meeting: Wednesday, July 12 at 5:30 p.m.

Respectfully submitted,
Susan Millinger, Secretary