

Council on Aging Minutes for Meeting of March 11, 2020

Present: Linda Avis Scott, Susan Gomberg, Janis Gray, and Susan Millinger. Absent, JoAnn Bernhard and Melissa Makepeace-O'Neil.

The meeting was called to order at 5:33 p.m. by co-chair Linda Avis Scott.

Business:

Minutes of the Meeting of February 12, 2020: Motion to approve as read was made, seconded, and passed unanimously.

Updates:

-Community Lunch: Nine people at the lunch on March 10.

There was also a guest, Library Director Mary Anne Antonellis, who gave a presentation on Library-sponsored activities, including the Community Read and exercise programs. Antonellis informed the group that extended hours of 11 a.m.-3 p.m. were planned for April 7 to enable people to use library computers to fill out their census form. Those attending Community Lunch on April 7 could take advantage of this opportunity before or after lunch.

Frequent guest Howard Frost contributed a stack of paper plates.

Millinger asked about accessing the Town's account at Big Y and was told that the Town's tax number was on file there. However, Scott agreed to get Millinger a letter giving her official permission to use the tax number.

Given the recent development of the spread of COVID-19, it was decided to cancel community lunches for now.

-Med-Ride: Two rides in February; none pending.

The current procedure requires that if someone calls requesting a ride, both driver and rider must be agreeable. Scott is to ask the Board of Health whether drivers would be expected to disinfect cars before the ride. What protocols would the Board of Health require?

-Foot Clinic: Susan Gomberg reported that March is full, with three on the waiting list; April is full, with two on the waiting list; May already has two signed up for sessions.

Gomberg will tell people not to come if they are sick. The question was raised: does Foot Care by Nurses have a relevant protocol?

-Senior Housing: No time this meeting for a brainstorming session on survey of senior residents.

-Status of the State Grant: The COA learned that the grant had been submitted; that the exact sum it will receive is not yet known, but the application asked for \$6,000.

Scott told COA members that she now has a better sense of the data needed to the grant application.

COA members need to:

1. Keep track of the distinct number of individuals served. For Community Lunch, for example, we need a chart of the regular members (whom we can check off for attending each

month they come.) To this chart we can add new members and then track their subsequent attendance.

Distinct numbers of people served are needed for Community Lunch, Foot Clinic, and Med-Ride.

2. Volunteer hours of individuals must also be recorded:

Time spent at each meeting and in preparation for each meeting (e.g., in reading.)

Time Gomberg spends at Foot Clinic and her preparations for it (calls)

Time spent setting up and cleaning up for Community Lunch

Time spent by secretary in preparing draft minutes for meeting and in readying final minutes to be sent to Town Clerk for posting.

Time spent on newsletter: by the editor and then by members of COA in readying it for mailing.

Time is reported as total number of hours spent for each activity, not as totals for individuals.

-Newsletter: *The Geezette* was sent out.

Mail: With regard to the invitation to the Village Neighbors' meeting with COAs, Gray and Millinger plan to go and will RSVP as individuals.

Our proposed guest, Mary Ann Antonellis, Library Director, did not attend to ask for COA funding for Library programming because of time constraints. Members were given a handout showing Museum Passes and Library Fitness Programming in Spring, 2020. Two classes, Yoga Therapeutics and one series of Strength Foundations, remain unfunded. The question of funding these programs will be discussed at a future meeting when Antonellis can join us. Scott pointed out that Foot Clinic will need more money than was earmarked for it; that the February Clinic was paid for in part by COA's grant (\$95 from the grant; \$190 from clients.)

Meeting adjourned early at 6:11 p.m., when the quorum was lost with the departure of one member.

Next Meeting: Regular April Meeting, the second Wednesday, April 8, 2020 at 5:30 p.m.

Next Community Lunch: none scheduled.

Respectfully submitted, Susan Millinger, secretary

