
Farm to Home Food Program Fact Sheet

Description of Program:

Eligible participants will receive one delivery of free food each month directly to their homes with a value of approximately \$50 per month. Choices of healthy and fresh foods will come from Mass Food Delivery, located in South Deerfield, MA, who source their products from farms and producers throughout Massachusetts and the northeast region. Participants will be able to order from an online storefront system which will allow them to choose the items contained in each delivery. This program will be entirely free to each participant, however, because of funding limitations, the program will be limited to 400 participants. Every attempt will be made to distribute these slots equitably throughout the LifePath catchment area. If interest exceeds available slots, individuals will be placed on a waitlist. The funding for this program is anticipated to provide monthly deliveries through March 2023.

Eligibility:

This program will be available to:

- individuals who are 60 or older, or adults with a disability;
- individuals who are able to prepare their own meals or have someone who can assist them with meal preparation;
- **individuals who agree to be home to accept their monthly deliveries (required);**
- individuals whose income eligibility guidelines are based on 80% of the median income for the area.
 - Applicants must meet an income threshold of not more than \$34,400/year for an individual, or \$48,958/year for households of 2 or more.
 - Applicants living alone who currently receive SNAP benefits, MassHealth, Brown Bag, SSI, or SSDI and otherwise meet the age or disability criteria, will be determined to meet the income eligibility.

Enrollment:

- In order to equitably distribute the food across the region, each town will be assigned a number of slots that can be filled. A waiting list will be developed if a town fills their allotted slots.
- Applicants can call 877-590-2540, and leave a message on our dedicated LifePath phone line. An enrollment specialist will contact the applicant and assist with the enrollment process. Alternatively, the referral can be completed digitally by downloading this [referral form](#) and emailing it back to us at mjohnson@lifepathma.org or by printing a copy and returning it to us by fax or mail.

- All applicants will be notified once their referral form has been received. If the referral was taken by phone, or the applicant did not sign the online referral form, we will send them an income attestation form that must be returned to LifePath before they can place their first order.

Online Ordering:

Participants will be able to select their foods with a total value of approximately \$50 each month. By building in a system of choice, the goal of the program is to minimize potential waste and address individual dietary needs and preferences, with a focus on fresh and nutritious food options. The food items will be selected by each participant through an online store. There will also be predetermined boxes of conventional, vegetarian, or vegan options which will contain a variety of fresh foods based on seasonal availability for those who prefer a simpler ordering option.

Volunteers will be available to partner with participants who would have difficulty navigating the online ordering system or who lack a computer or internet access. Participants who have a smartphone can place orders through their phones.

Delivery:

Deliveries will occur once a month to each of 4 'zones' (west, east, north central, and south central) on a rolling weekly basis. Individuals must submit their orders within a preset window each month to meet their zone's delivery date. Because of the perishable nature of the foods, **they must be home to accept their delivery.** No individual will be turned away because of their geographic location within LifePath's catchment area.

Questions?

Contact Deb Luekens, Program Manager at dluekens@lifepathma.org, or leave a message on the Farm to Home Food Program's dedicated phone line at 877-590-2540.