



Posted in accordance with the  
provisions of MGL 30A, ss 18-25

posted  
12/6/18  
9:00 am

**COA Agenda for Wednesday December 12, at 5:30pm**

This is a special meeting for just a few agenda items and to collate  
our upcoming exercise flyer

- Approve minutes of last meeting November 28, 2018
- Collate exercise flyer
- Other items

Confirm next COA meeting on 1.9.19

**Important dates:**

- Community Pot Luck first Tuesday of each month
- Foot Clinic THIRD WEDNESDAY of each month
- Lots of on-going exercise activities-yoga and strength training