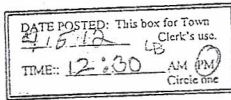


# COA meeting Agenda for Wednesday April 11<sup>th</sup> at 6:30pm

## Old Business



POSTED IN ACCORDANCE WITH THE PROVISIONS OF MGL 30A §§18-25

- Welcome Linda Scott
- Approve minutes of last meeting
- Should we join Mass Association of COA
- Discuss status of frig
- Discuss up coming Pot luck lunches
- Discuss current budget and next year's grant
- Discuss improvements to senior lounge

## New Business

- Discuss survey
- Other business items
- Discuss date for next meeting

## Council On Aging (COA) Survey-draft

We'd like to hear from you about things you would like to have available in our community and the services and activities you would like to have us offer. Are you, or someone who lives with you, 55 or older? Yes \_\_\_ No \_\_\_

Background: The 2000 U.S. Census tells us that in Shutesbury, 171 people (12%) were 55 or older (born after 1954). Our street list in 2010 tells us we're getting older! 538 people (29%) are listed as being born after 1954. This is explained in part by a population growth of 26% in Town over the last decade.

### 1. Communications:

- Do you use a computer? Yes \_\_\_ No \_\_\_ Do you have an email? Yes \_\_\_ No \_\_\_  
Would you be interested in a phone tree? Yes \_\_\_ No \_\_\_
- a. Do you live alone?
  - b. If yes, would you like a daily call?
  - c. Would you like a regular COA Newsletter? Yes \_\_\_ No \_\_\_
  - d. Would a comfortable COA (Senior Lounge) be of interest to you? Yes \_\_\_ No \_\_\_
  - e. If so, what hours work for you? Suggest days and hours \_\_\_\_\_
  - f. Would you like to know about available resources and grants available to senior citizens. Yes \_\_\_ No \_\_\_

### 2. Activities you'd participate in:

- Cards, games, puzzles, other ideas? \_\_\_\_\_ Yes \_\_\_ No \_\_\_
- Classes in: pottery? Painting? Knitting? Sewing? Photography?  
Others \_\_\_\_\_  
Book group? Exercise groups? Other activities? \_\_\_\_\_  
Outdoor activities, walking, hikes, swimming, kayaking, etc.

### 3. Matches. Would you be interested in getting matched with, through a data base of people who volunteer to provide, someone to help with the following?

- Outdoor chores:** leaf raking, snow shoveling etc.  
**Driving:** rides to shopping, appointments.  
**Tech support:** programming your gadgets, e.g.  
**Other matches** \_\_\_\_\_

### 4. Meals:

- Would you be interested in a brown bag program? Yes \_\_\_ No \_\_\_  
Would you participate in a noon meal? Yes \_\_\_ No \_\_\_  
Would you like a morning coffee hour? Yes \_\_\_ No \_\_\_ Afternoon tea? Yes \_\_\_ No \_\_\_

### 5. Are there Programs/activities you could offer?

Thank you for your time and interest. Would you like someone from the COA to contact you about getting involved. If so please write your name and phone number.